



Education  
& Training

# Skills Fest 2023

Programme and Details of Events

20 – 24 November 2023

# Skills Fest 2023

## Welcome!

We're delighted to welcome you to our first ever Skills Fest!

We have heard your feedback in the survey and other forums, and want to provide you with more support for your studies.

We know that being a student, or returning to being a student after a long period away, can be daunting and can be a vulnerable space to be in. We want to help you to fulfil your ambitions, and give you the confidence to flourish, and so we're putting on this Skills Fest to help support you with those goals.

During the week, there will be sessions delivered both face-to-face at the Tavistock Centre, and online. We will try to record as many sessions as possible to provide you with a video resource, for ongoing support. If you're in the Tavistock Centre and you want to join an online session, we have booked rooms for you to be able to join on your device or on a Trust computer. Please let us know when you book that you intend to do that and we'll let you know where you can join.

We will also have a space in the Lecture Theatre between 12.30 and 2pm to meet with fellow students, the digital and library education service, and the student support & engagement team, to chat more about study skills and wider student support.

We really hope you'll be able to make it either online or in person.

[Please click here to book onto the events, and to browse our study skills resources.](#)

**If you want to join an online session and you're in the Tavistock building, here are a number of spaces you can go to, to join using your own device with headphones:**



- The Lecture Theatre (5th floor)
- The computers in the library
- The small computer room on the ground floor (common room space)
- Common room (2nd floor)
- Other dedicated rooms booked for the session (once you book, this information will be in the email)

# Full Programme of Events

[SIGN UP HERE! \(external link\)](#)

Monday 20   <a href="#">More information→</a>		
Time	Session	Mode
09:00-09:55	Career Speed Mentoring	Face-to-face
10:00-10:55	Being a Student Representative	Online
11:00-12:00	A guide to Extenuating Circumstances	Online
12:30-14:00	Pop-up stalls / Social	Face-to-face
14:00-14:55	The practical and emotional challenges of writing a paper	Face-to-face
15:00-15:30	Accessing University of Essex's Library and Digital Services	Online

Tuesday 21   <a href="#">More information→</a>		
Time	Session	Mode
09:00-09:55	Time management: A Trust approach	Online
10:00-10:55	Requesting Reasonable Adjustments	Online
11:30-12:30	Literature search	Online
12:30-14:00	Pop-up stalls / Social	Face-to-face
14:00-14:55	Citing and referencing	Online
15:00-15:45	Effective Presentation Tools	Online

Wednesday 22   <a href="#">More information→</a>		
Time	Session	Mode
9:00-10:00	Making the most of Personal Tutorials	Face-to-face
12:00-12:30	Navigating Moodle: A Student's Guide	Online
12:30-14:00	Pop-up stalls / Social	Face-to-face
14:00-14:30	Assistive technologies for studying	Online
15:00-15:45	Effective Presentation Tools	Face-to-face
16:00-16:55	Assessment Skills	Online
17:00-18:00	Career Speed Mentoring	Online

Thursday 23   <a href="#">More information→</a>		
Time	Session	Mode
12:00-12:55	Using EndNote web to Manage References	Online
13:00-13:55	Preparing for your Dissertation	Online
12:30-14:00	Pop-up stalls/social	Face-to-face
14:00-14:55	Supporting personal resilience & wellbeing for students in health & social care	Face-to-face

Friday 24   <a href="#">More information→</a>		
Time	Session	Mode
11:00-11:30	Accessing University of Essex's Library & Digital Services	Online
12:00-12:30	Navigating Moodle: A Student's Guide	Online
14:00-14:45	Using Artificial Intelligence (AI) in your studies	Online

# Monday 20 November 2023

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Monday 20		
Time	Session	Mode
09:00-09:55	Career Speed Mentoring	Face-to-face
10:00-10:55	Being a Student Representative	Online
11:00-12:00	A guide to Extenuating Circumstances	Online
12:30-14:00	Pop-up stalls / Social	Face-to-face
14:00-14:55	The practical and emotional challenges of writing a paper	Face-to-face
15:00-15:30	Accessing University of Essex's Library and Digital Services	Online

## Career Speed Mentoring

Facilitator: Rebecca Bouckley

The session will be in the form of short, bite-sized interactions on a 1-2-1 basis – there is nothing you will need to do to prepare for the session, except perhaps think about your career journey and think about questions you would like to ask – there may be people working in a variety of fields to talk to, some more directly relevant to your current study than others, but all will hopefully bring a fresh perspective and perhaps inspire you to think about different options and pathways.

Mentors:

- Karen Spencer, Alumnus (MA Foundations of Psychodynamic Psychotherapy (D58), Psychodynamic Psychotherapy (D59))
- Robert Patullo: Alumnus (DProf Child and Educational Psychology)
- William Roberts: Alumnus (PgCert Child, Adolescent and Family Mental Wellbeing (D24) / MA Psychoanalytic Observational Studies (M7) / DProf Child and Adolescent Psychoanalytic Psychotherapy M80)
- Esther Usiskin-Cohen (Head of Systemic Portfolio)
- Michael Whitcombe (Admissions Lead)

There may be more mentors on the day that are not mentioned here, due to awaiting availability at the time of publication.

## Being a Student Representative

Facilitators: Sabeha Hoque, Rebecca Bouckley

We will cover the benefits, role and responsibility of being a student rep, as well as what opportunities there are to be a representative.

## A Guide to Extenuating Circumstances

Facilitators: Lisa Harris, Farzana Moid

Extenuating Circumstances can be a daunting thing to do when you're already feeling under pressure. This session will go through the process of applying for ECs, and what to expect when.

## The Practical and Emotional Challenges of Writing a Paper

Facilitator: Matthew Chuard

Writing essays can be a daunting prospect. This presentation will look at the emotional challenges of the process as well as practical tips and advice on writing a paper.

## Accessing the University of Essex's Library and Digital Services

Facilitator: Matt Lingard

Students on courses validated by the University of Essex are entitled to a University of Essex IT account and access to their digital services. This session will highlight the services and explain how to get access. The services are:

1. Online journals and eBooks in the University of Essex Library
2. Free access to software including Microsoft Office 365 and advanced tools like SPSS & NVivo.
3. LinkedIn Learning video tutorials

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# Tuesday 21 November 2023

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Tuesday 21		
Time	Session	Mode
09:00-09:55	Time management: A Trust approach	Online
10:00-10:55	Requesting Reasonable Adjustments	Online
11:30-12:30	Literature search	Online
12:30-14:00	Pop-up stalls / Social	Face-to-face
14:00-14:55	Citing and referencing	Online
15:00-15.45	Effective Presentation Tools	Online

## Time management: A Trust approach

Facilitators: Emma Ni Chinniede, Angela Bagum

This session is a brief introduction to time management, with an emphasis on group discussion and interaction. It is an opportunity to share with fellow students your current reflections on differing demands on time and how you yourself approach time management. Some practical suggestions and ideas on time management will be shared, with a particular emphasis on peer support and participants sharing with one another the kinds of approaches to time management that have worked for them in real-world contexts.

## Requesting Reasonable Adjustments

Facilitators: Sara Riley, Rebecca Bouckley

A practical and informative session to help you understand the process of requesting reasonable adjustments, what happens when and what to expect.

## Literature Searching

Facilitator: Kelly Anyfantaki

- Learn what a literature search is
- Identify how to seek, find and use resources for your search
- Focus on bibliographic databases

## Citing and Referencing

Facilitator: Kelly Anyfantaki

Gain an understanding of how to cite and reference information resources effectively.

## Effective Presentation Tools

Facilitator: Bea Caballero

In this session we will explore how to design, create, and deliver engaging and impactful presentations that communicate your ideas clearly and effectively. You will learn how to use visual aids, animations, transitions, and other tools to enhance your slides and content.

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# Wednesday 22 November 2023

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Wednesday 22		
Time	Session	Mode
9:00-10:00	Making the most of Personal Tutorials	Face-to-face
12:00-12:30	Navigating Moodle: A Student's Guide	Online
12:30-14:00	Pop-up stalls / Social	Face-to-face
14:00-14:30	Assistive technologies for studying	Online
15:00-15:45	Effective Presentation Tools	Face-to-face
16:00-16:55	Assessment Skills	Online
17:00-18:00	Career Speed Mentoring	Online

## Making the most of Personal Tutorials

Facilitators: Dr Alexandra de Rementeria

The process should be collaborative – every learner will have strengths and limitations – some of us are good at writing, others at putting our finger on the nub of the issue in discussion, others at asking the difficult questions that promote everyone's learning. Some of us might not feel they have many strengths yet. Your tutorial is an opportunity for you and your tutor to understand your relationship to learning and what can be done to make the most of what you bring. Raising difficulties and challenges should be welcomed as a sign that you are taking responsibility for your learning – not you being difficult or showing weakness. In short – be honest and trust your tutor to meet you where you are. You earned a place on your course, and it is up to you and your tutor to make sure you can make the most of that opportunity.

## Navigating Moodle: A Student's Guide

Facilitators: Jas Dahele / Amrik Perera

In this session we will look at some of the key Moodle features and how you can use these to support your learning. You will also have the opportunity to share your experience and we will be able to answer any questions you have.

## Assistive Technologies for Studying

Facilitators: Matt Lingard / Sara Riley / Linda Dolben

Assistive technologies are digital tools, specialist software and equipment that can help you increase your productivity when studying.

In this session we demonstrate some examples of assistive technologies and signpost you to our guidance so you can explore the tools independently. The demonstration will include read aloud tools (text-to-speech), dictation tools (speech-to-text) and an immersive reader that simplifies webpages when reading online.

## Effective Presentation Tools

Facilitator: Beatriz Caballero

In this session we will explore how to design, create, and deliver engaging and impactful presentations that communicate your ideas clearly and effectively. You will learn how to use visual aids, animations, transitions, and other tools to enhance your slides and content.

## Assessment Skills

Facilitator: Shila Rashid

Demystify the assessment process – from following the assessment brief, to how your assignment will be marked – this gives you a chance to find out about how to successfully complete an assignment, including the opportunity to ask questions – no question is too silly!

## Career Speed Mentoring

Facilitator: Rebecca Bouckley

The session will be in the form of short, bite-sized interactions on a 1-2-1 basis – there is nothing you will need to do to prepare for the session, except perhaps think about your career journey and think about questions you would like to ask – there may be people working in a variety of fields to talk to, some more directly relevant to your current study than others, but all will hopefully bring a fresh perspective and perhaps inspire you to think about different options and pathways.

Mentors:

- Dashne Daloye: Alumnus (Introduction to Counselling and Psychotherapy)
- Arlene Weekes: Alumnus (DProf Social Work and Social Care)
- Mary Joliffe: Alumnus and member of Tavistock Society of Psychotherapists (TSP)
- Kenisha Jackson: Faculty (MA Perinatal, Child, Adolescent and Family Work: A Psychoanalytic observational approach)
- Tim Mills: Digital and Short Course Operations Lead
- Michael Witcombe: Registry and Finance Lead

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# Thursday 23 November 2023

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Thursday 23		
Time	Session	Mode
12:00-12:55	Using EndNote web to Manage References	Online
13:00-13:55	Preparing for your Dissertation	Online
12:30-14:00	Pop-up stalls/social	Face-to-face
14:00-14:55	Supporting personal resilience & wellbeing for students in health & social care	Face-to-face

## Using EndNote Web to Manage References

Facilitator: Kelly Anyfantaki

- Understand what EndNote is
- Learn how to cite and reference using EndNote

## Preparing for your Dissertation

Facilitators: Stephen Mills, Philip Archard

Using the facilitators' experience completing their own theses as doctoral researchers, this session will involve a guided discussion regarding writing a dissertation - the challenges and joys (and practical tasks) this involves.

## Supporting Personal Resilience and Wellbeing for Students in Health and Social Care

Facilitator: Dr Louise Grant

In this practical and interactive session you will be provided with some evidence informed ideas to support your personal resilience and wellbeing as a student at the Tavistock. Drawing on her research she will encourage you to think about developing a range of coping strategies to help you manage the ups and downs of academic study as well as often working in emotionally demanding job roles in health, social care or social work. These will include effectively using a support network, creating opportunities for self kindness and self-compassion and how to maintain a healthy work/ study life balance and sense of accomplishment.

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# Friday 24 November 2023

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Friday 24		
Time	Session	Mode
11:00-11:30	Accessing University of Essex's Library & Digital Services	Online
12:00-12:30	Navigating Moodle: A Student's Guide	Online
14:00-14:45	Using Artificial Intelligence (AI) in your studies	Online

## Accessing University of Essex's Library & Digital Services

Facilitator: Matt Lingard

Students on courses validated by the University of Essex are entitled to a University of Essex IT account and access to their digital services. This session will highlight the services and explain how to get access. The services are:

1. Online journals and eBooks in the University of Essex Library
2. Free access to software including Microsoft Office 365 and advanced tools like SPSS & NVivo.
3. LinkedIn Learning video tutorials

## Navigating Moodle: A student's guide

Facilitators: Jas Dahele / Amrik Perera

In this session we will look at some of the key Moodle features and how you can use these to support your learning. You will also have the opportunity to share your experience and we will be able to answer any questions you have.

## Using Artificial Intelligence (AI) in your studies

Facilitators: Beatriz Caballero / Jas Dahele

In this session, you will learn how to use Generative AI tools for your studies, such as improving content, summarising information, and organising your notes. You will also explore some of the ethical and social implications of using AI in your academic work. Whether you are a beginner or an expert, this session will help you enhance your skills and knowledge of GenAI in your studies

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# Biographies of session leaders and facilitators

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## Kelly Anyfantaki

Kelly is the Information Skills Librarian. She has been working in academic libraries for 6 years and teaching for 16 years. She delivers information literacy and research sessions and is a strong supporter of the digital transformation of libraries. She has a BA in Literature and Linguistics and an MSc (Dist) in Library Science.

- [Using EndNote Web to manage references →](#)
- [Literature Searching→](#)
- [Citing and Referencing→](#)

## Dr Jason Apaloo-Shonibare

Jason is an Academic and Professional Tutor at the Tavistock and Portman NHS Foundation Trust, and an Educational Psychologist working in the London Borough of Hackney's Educational Psychology Service. Prior to his doctoral training in Child, Community and Educational Psychology at the Trust, he worked in various settings that included a specialist Special Educational Needs & Disabilities (SEND) secondary school, a university, an NHS mental health crisis house and a children's charity. He has strong links to social justice and advocacy efforts and has volunteered in co-developing/founding The BME in Psychiatry and Psychology (BiPP) Network and the Trainee Educational Psychologists' Initiative for Cultural Change (TEPICC). His particular interest in mental health provision, developing anti-racist practice and community-based psychology have been embedded in his career development to date. His thesis focused on using Intersectionality Theory to explore the experiences of students from African Caribbean and South Asian heritage with SEND in Further Education.

[Career Speed Mentoring→](#)

## Dr Phillip Archard

Philip is an Associate Lecturer on Professional Doctorate in Advance Practice and Research: Social Work and Social Care. He is a clinical-academic actively engaged in research in the fields of child welfare and mental health, with specific interests in practitioner enquiry in health and social care, psychoanalytic epistemology in qualitative research, and child/youth adversity and mental health. A social worker by background, alongside his work at the Tavistock, Dr Archard has a practice role in child and adolescent mental health in Leicester and is the Specialty Lead for Health Services Research for the National Institute for Health and Care Research East Midlands Clinical Research Network.

[Preparing for your dissertation→](#)

## Angela Bagum

Angela is Head of Digital and Short Course Portfolio. She qualified as a nurse twenty years ago, having originally studied at art college. Throughout the years, Angela has maintained her art practice and combined her experiences of art and mental health by training as an art psychotherapist. She also co-developed the 'Working towards wellbeing' course bundle, partly as a recognition of the fact that we have experienced a

collective trauma in the Covid-19 pandemic. Angela says that “the courses aim to bring together mindfulness, compassion-focused therapy ideas and narrative applications, introducing these to our everyday lives at home and to our agile working approaches. We hope that knowing ‘it’s ok to not be ok’ will provide the motivation to notice oneself and allow space for a mindful tea break, for example, when it’s most needed”.

[Time Management: A Trust approach→](#)

### Rebecca Bouckley

Rebecca is the Student Support and Engagement Lead, and Disability Lead for DET. She has been leading on developing this Skills Fest, because she reviews the feedback on the student survey, and felt that this Skills Fest would really enhance the experience for students at the Trust. She is a Fellow of the Higher Education Academy (AdvanceHE) and has a BMus and MA in Music.

[Career Speed Mentoring \(Monday, Face-to-Face\) →](#)

[Career Speed Mentoring \(Wednesday, online\) →](#)

[Being a Student Representative→](#)

### Beatriz Caballero

Bea is a Digital Learning Developer and is part of the Digital Education Services team. Her role is to help course leads and their teams create engaging and effective online learning experiences, using the best practices and key principles of learning design. She also provides pedagogic advice and support on how to design and build online and blended courses that are interactive, accessible and student-centred. Bea is passionate about advancing our digital learning environments and exploring innovative approaches to online pedagogy that benefit both students and staff.

[Effective Presentation Tools→](#)

[Using Artificial Intelligence \(AI\) In Your Studies→](#)

### Matthew Chuard

Matthew is Co-Course Lead on the MA Perinatal, Child, Adolescent and Family Work: A psychoanalytic observational approach. Matthew originally worked as a secondary school teacher and trained as an educational psychologist before going on to qualify as a child and adolescent psychotherapist. As a child psychotherapist he has worked in a number of NHS and educational settings with children, young people and their families.

[The Practical and Emotional Challenges of Writing a Paper→](#)

### Jas Dahele

Jas is the Digital Education Operations lead. Jas manages our digital learning platforms such as Moodle and Turnitin and oversees platform enhancements. Her role also covers digital learning support and training, all with a strong focus on championing equality, diversity, and inclusion. She has 8 years of experience in digital education and has an MA in Professional Practice in Higher Education.

[Using Artificial Intelligence \(AI\) In Your Studies→](#)

[Navigating Moodle: A Student’s Guide \(Wednesday\)→](#)

[Navigating Moodle: A Student’s Guide \(Friday\)→](#)

### Dashne Daloye

Dashne is an alumnus to the Trust, having completed the D12 (Introduction to counselling and psychotherapy), and is now working as a counselling psychologist at UCL.

[Career Speed Mentoring \(Wednesday, online\) →](#)

### Dr Alexandra de Rementeria

Alexandra is a Senior Parent-Infant Psychotherapist at SLAM, Editor in Chief of the Journal of Child Psychotherapy and Assessment Tutor for M7 – she is also a tutor on the Child Psychotherapy Training (M80) and lectures widely nationally and internationally. She has published various articles and co-authored 'Finding Your Way With Your Baby' a BMA award winning book, with Dilys Daws.

[Making the most of Personal Tutorials→](#)

### Linda Dolben

Linda is a part-time Assistant Librarian for special services. She is the point of contact, within the library service, for students with a disability or learning difficulty. Her role covers managing the online reading list service and any issues relating to Copyright within the Trust. She also manages *Staff Publications Online*, the Trust's Open Access Repository, which promotes the publications of Trust staff to a wider audience. Linda joined the Trust in 2005 having previously worked in various college and university libraries.

[Assistive Technologies for Studying→](#)

### Dr Louise Grant

Louise is the Course Lead for the Professional Doctorate in Advanced practice and research in Social Work and Social Care. Her academic research focuses on improving the working conditions of practitioners working in health, social work and social care. She has written extensively in the area of organisational and individual resilience and has worked on developing systems in practice which help professionals and students to thrive.

[Supporting Personal Resilience and Wellbeing for Students in Health and Social Care→](#)

### Lisa Harris

Lisa is Head of Academic Registry, and responsible for all aspects of Academic Registry.

[A Guide to Extenuating Circumstances→](#)

### Sabeha Hoque

Sabeha is the Student Voice and Engagement Officer. Sabeha has a keen interest in enhancing student voice across the Trust and within Education and Training through various new and existing feedback avenues such as the annual student survey and the Dean's Forum. Sabeha also focuses on the EDI data and works on ensuring the Tavistock is an inclusive place of study. She has years of experience in research and development and is the Associate Quality Improvement Lead for Education and Training, supporting staff on various enhancement projects within the Trust. She has a BSc in Psychology and an MSc in Functional Neuroimaging (fMRI).

[Being a Student Representative→](#)

### Kenisha Jackson

Kenisha is an ACP registered Child and Adolescent Psychoanalytic Psychotherapist, An Associate Lecturer and Course Tutor at the trust, and has a Masters in Working with Children and Families and a Certificate in Leadership and Management.

[Career Speed Mentoring \(Wednesday, online\) →](#)

### Mary Joliffe

Mary is an alumnus, and a member of the Tavistock Society of Psychotherapists (TSP).

[Career Speed Mentoring \(Wednesday, online\) →](#)

### Matt Lingard

Matt is responsible for two areas: Digital Education Services and Library Services. He is currently leading a group considering how we develop the digital skills of our staff and students. He joined the Trust in January 2023, after 24-years in digital roles in several London universities.

[Accessing the University of Essex's Library and Digital Services \(Monday\)→](#)

[Accessing the University of Essex's Library and Digital Services \(Friday\) →](#)

[Assistive Technologies for Studying→](#)

### Stephen Mills

Stephen is an Associate Lecturer and Doctoral Supervisor for the Professional Doctorate in Systemic Psychotherapy. He works part-time in a CAMHS (Children and Adolescent Mental Health) team with children in care and their professional networks, where he is developing an approach he calls COREL – Creating Opportunities for Reflection and Expansive Learning – based upon his doctoral research. As part of his CAMHS work, Stephen also facilitates groups for foster carers and special guardianship carers using the COREL model.

[Preparing for your Dissertation→](#)

### Tim Mills

Tim is Operations Lead for our Digital and Short Course portfolio. The portfolio offers a range of CPD courses across the health and social care sector, both as distance learning, self-study, through our Digital Academy, or with live tuition mostly through Zoom. Courses are open to professionals at all career stages. Before joining the Trust, Tim worked in several curriculum management roles in Secondary and Further Education.

[Career Speed Mentoring \(Wednesday, online\) →](#)

### Farzana Moid

Farzana is the Academic Governance and Quality Lead for Education at Training at the Trust.

[A Guide to Extenuating Circumstances→](#)

### Dr Emma Ní Chinnéide

Emma is the Programme Director for the Doctorate in Child, Community and Educational Psychology and the Principal Educational Psychologist for the Lifespan Autism and Learning Disabilities Team at the Trust.

[Time Management: A Trust approach→](#)

### Dr Robert Patullo

Robert is an alumnus from the Prof Doc Child and Educational Psychology, which he completed in 1978. He returned in 2001 for a doctorate and after retiring from local authority work in 2007, and worked part time from 2009 with employed EPs who wanted doctorates.

[Career Speed Mentoring \(Monday, Face-to-Face\) →](#)

### Amrik Perera

Amrik is a Digital Learning Technologist and is a member of the Digital Education Services (DES) team. He provides support to students and teachers to enable them to engage with the digital delivery of their course.

Working with the Digital Education Operations Lead, he administers the Trust's online learning platforms, and works with DET staff and students to develop our services. Amrik joined the Trust in September 2017.

[Navigating Moodle: A Student's Guide \(Wednesday\)→](#)

[Navigating Moodle: A Student's Guide \(Friday\)→](#)

### Shila Rashid

Shila Rashid trained at the Tavistock and Portman in the 1990's and worked as a systemic psychotherapist in the NHS for almost 26 years. After becoming increasingly interested in supervision and training, she became the course lead for the MA Systemic psychotherapy (M6) course.

[Assessment Skills→](#)

### William Roberts

William is an alumnus from the PgCert Child, Adolescent and Family Mental Wellbeing, the MA Psychoanalytic Observational Studies (M7), and the Professional Doctorate in Child and Adolescent Psychoanalytic Psychotherapy (M80)

[Career Speed Mentoring \(Monday, Face-to-Face\) →](#)

### Karen Spencer

Karen is an alumnus of the Trust, having studied the on the D58 and D59 (intercultural) and also having completed the dissertation and MA in Psychodynamic Psychotherapy. She did some courses before that in preparation (also at the Tavistock) which included An introduction to counselling and psychotherapy, followed by completing an Advanced diploma in the dynamics of mental health practice.

Karen has also also independently completed an advanced certificate in Bereavement and she is fully trained in EMDR and a Cognitive Analytic Therapist having studied subsequently between 2015 and 2017 in the Sussex partnership NHS foundation trust.

She works in private practice in Richmond-upon-Thames.

[Career Speed Mentoring \(Monday, Face-to-Face\) →](#)

### Esther Usiskin-Cohen

Esther is the Head of the Systemic Portfolio of courses. She has over 30 years of wide-ranging experience working with adults, families, couples, young people and children both in the criminal and family courts and in the community as a probation officer and Children's Guardian. She is HCPC and UKCP registered and is a fellow of the Higher Education Academy.

[Career Speed Mentoring \(Monday, Face-to-Face\) →](#)

### Arlene Weekes

Arlene is an alumnus from the Professional Doctorate in Social Work and Social Care

[Career Speed Mentoring \(Wednesday, online\) →](#)

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