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| **Process for obtaining the relevant permissions for conducting research in the NHS (Tavistock and Portman)** |
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| **R&D**  | **PLUS** | **ROUTE 1: NHS ETHICS (IRAS)** | **OR** | **ROUTE 2: UEL ETHICS (UREC)** **PLUS R&D where you are researching in an NHS environment** | **OR** | **ROUTE 3: TAVISTOCK RESEARCH ETHICS COMMITTEE (TREC)** **PLUS R&D where you are researching in an NHS environment** |
|  |  |  |  |  |  |  |
| Start to complete R&D form(s) on IRAS if needed |  | Start to complete REC form on IRAS |  | Start to complete REC form from UEL Research Ethics website |  |  |
|  |  |  |  |  |  |  |
|  |  | Add Sponsor / Indemnity information (see ethics website for more details) |  |  |  |  |
|  |  |  |  |  |  |  |
| Completed R&D form(s) checked and authorised by Director of Studies |  | REC form checked and authorised by Director of Studies |  | UREC form checked and signed by Director of Studies |  | Submit completed, signed and checked TREC form AND supplementary documentation to academicquality@tavi-port.nhs.uk |
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| Final authorised R&D form, SSI form and all relevant study documentation submitted to relevant NHS Organisation for review |

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| If a specific REC is required, phone IRAS to request this |

 |  | Final, signed UREC form along with supporting documentation submitted to researchethics@uel.ac.uk and cc'd to academicquality@tavi-port.nhs.uk |  |  |
|  |  | Final authorised REC form submitted to NHS REC for review |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  | Send completed REC application forms and letter of favourable opinion (unconditional) to UREC (researchethics@uel.ac.uk and cc. academicquality@tavi-port.nhs.uk) or TREC (academicquality@tavi-port.nhs.uk) |  |  |  |  |
|  |  |  |  |  |  |  |
| Send completed R&D applications and letter confirming NHS R&D approval to UREC or TREC (along with REC documentation where needed) |  |  |  |  |  |  |
|  |  |  |  | **Receive Ethical Approval letter from UREC**  |  |  |
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|  |  |  |  |  |  | **Receive Ethical Approval Letter from TREC** |
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|  |  |  |  | **START RESEARCH** |  |  |

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| **KEY:****R&D**: Research and Development. You will need to apply for R&D approval from every **NHS** institution that you are carrying out research in.**REC:** Research Ethics committee **UEL:** University of East London. The University that validates the courses offered at the Tavistock and Portman. They also have the insurance and indemnity cover for your research projects.**UREC**: University of East London Research Ethics Committee.**IRAS:** Integrated Research Application System. IRAS is a collaborative initiative supported by (amongst others) NHS Health Research Authority, Medical Schools Council, NHS National Institute for Health Research, NHS Research and Development (R&D) forum, Social Care Institute for Excellence, UK Clinical Research Collaboration, National Information Governance Board for Health and Social Care.**DoS:** Director of Studies. A DoS will be nominally appointed to you at the Course Registration Board but this will be confirmed and a formal nomination is required at the Trust-School Research Degrees Subcommittee (See registration (green) process)**SSI:** Need to check with Emmanuel. |